

# Ballet Curriculum

## Creative Movement & Pre-Ballet

Creative Movement and Pre-Ballet classes are designed for 3 to 6 year olds to introduce the joy of movement and enrich the child's spirit of exploration. Children are introduced to many forms of music to allow them to discover rhythmical ways to express themselves. Classes are lightly structured to prepare children for a disciplined Ballet approach while stretching their bodies with Pre-Ballet exercises. Our Combo Class will include an introduction to tap.

## Ballet I, II & III

These classes provide the foundation of proper ballet technique. In a nurturing atmosphere students learn correct body placement, posture, terminology and musicality. Emphasis will be placed on stretching and strengthening the body while fostering artistic expression and a strong sense of personal accomplishment.

## Ballet IV through VII

These levels use the full range of classical ballet technique. Longer movement phrases enhance technical strength, stamina, musicality and artistic scense. Pointe classes are offered to ladies who are at least 12 years of age, take two Ballet classes weekly and have developed sufficient strength for pointe work.

## 2022-2023 School Calendar

First Day of Classes	Wednesday, September 7th
No Classes	Monday, October 31st
Fall Break-No Classes	November 23th to 26th
Trimester Payments Due	December 1st
Nutcracker	December 2nd & 3rd
Winter Break	December 23rd to January 3rd
Parent Observation	January 23rd to 28th
Trimester Payments Due	March 1st
Spring Break	April 3rd to 8th
Memorial Day	Monday, May 29th
Spring Performance	June 2nd & 3rd
Last Day of Classes	Saturday, June 3rd
Student Appreciation Day	TBA

Visit DVDA's Spacious Studios at 515 Bethlehem Pike in Colmar  
**Sprung Floors | Full Length Nutcracker | Free Trial Classes**  
Call us at 215-822-4640 | Email: [Info@DelawareValleyDance.com](mailto:Info@DelawareValleyDance.com)



**Delaware Valley Dance Academy**  
515 Bethlehem Pike  
Colmar, Pennsylvania, 18915



**Pre-Ballet | Ballet | Pointe**



**Contemporary | Jazz**



**Tap | Hip Hop**

**[DelawareValleyDance.com](http://DelawareValleyDance.com)**



DVDA offers the finest training in an encouraging and professional atmosphere. Our classes are designed to take students from their first introduction to dance to a full and varied course of dance training. An emphasis will be placed on proper body placement and line. We will stress the importance of musicality and the joy of artistic expression. The school has an enthusiastic staff of professionally experienced teachers supplemented by visiting guest teachers. A close working partnership between student and teacher is an important aspect of our program. Whether in pursuit of a professional dance career or simply to derive the joy and physical benefits of dance class, our students will enjoy the highest quality classes in a warm and nurturing environment.

Delaware Valley Dance Academy students have been accepted and received scholarships to such prestigious summer programs as the Pennsylvania Governor School for the Arts, American Ballet Theater, Princeton Ballet School, Washington Ballet School and School of American Ballet. Our graduates have been accepted to attend some of the finest Collegiate Dance programs in the country including The Ohio State University, University of Michigan, SUNY Purchase and University of the Arts.

DVDA's upper level students are regularly given the unique opportunity to study with guest teachers from the Pennsylvania Ballet and other professional dance companies in Philadelphia and the surrounding areas.

## Ballet Class Attire

Ballet students should wear pink tights and pink ballet slippers with the appropriate color leotard for their class. Hair should be neatly secured in a bun.

**Creative Movement & Pre-Ballet – White**

**Ballet Level 1 – Pink**

**Ballet Level 2 – Black**

**Ballet Level 3 – Light Blue**

**Ballet Level 4/4X – Royal Blue**

**Ballet Level 5/5X – Burgundy**

**Ballet Level 6 and 7– Any Solid Color**



DVDA 2022-2023 Season - Schedule of Classes

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
										Pre-Ballet 1 & 2 Combo 9:30-10:30				Creative Movement 9:30- 10:15						Ballet 4X 9:30 - 11:00	Ballet 4 9:30 - 11:00	Pre-Ballet 1 9:30 - 10:15	
										Creative Movement 10:30 - 11:15				Pre-Ballet 1 & 2 Combo 10:15 - 11:15	Ballet 1 11:15 - 12:15		Private Class					Creative Movement 10:15 - 11:00	Pre-Ballet 2 Combo 10:00 - 11:00
	Ballet 5 4:30 - 6:30		Ballet 5X-6 4:30 - 6:30		Ballet 1 4:45 - 5:45	Hip Hop 7 - 9 yrs 4:45-5:45	Ballet 4 4:30 - 5:45	Pre-Ballet 1 4:30 - 5:15	Tap 2 4:30 - 5:30	Tap 3 4:30 - 5:30	Creative Movement 4:30 - 5:15		Contemporary 1 4:30 - 5:30		Ballet 2 4:30 - 5:30	Ballet 5X-6 4:30 - 6:30	Ballet 5 4:30 - 6:30	Pre-Ballet 2 Combo 4:30 - 5:30		Ballet 6-7 11:00 - 1:00		Tap / Jazz 1 5 - 8 yrs 11:00 - 12:00	Ballet 5X 11:00 - 1:00
Advanced Jazz 5:00 - 6:30				Private Class	Intermediate Jazz 1 5:45 - 6:45	Ballet 2 5:45 - 6:45	Beginner Jazz 5:45- 6:45	Ballet 1 5:30 - 6:30	Teen Hip Hop 5:30 - 6:30	Tap 4 5:30 - 6:30	Pre-Ballet 2 Combo 5:15 - 6:15	Ballet 4X 5:00 - 6:30	Ballet 3 5:30 - 6:30	Pre-Ballet 1 Combo 5:30 - 6:30	Contemporary 5 5:30- 6:30			Ballet 1 5:30 - 6:30			Private Class		
Ballet 6X-7 6:30 - 8:00	Intermediate Jazz 2 6:30 - 7:30		Intermediate Jazz 3 6:30 - 7:30	Ballet 6X-7 6:30 - 8:00	Ballet 3 6:45 - 7:45	Private Class	Contemporary 3 6:45- 8:00	Jazz Funk 5 - 8 yrs 6:30 - 7:30	Hip Hop 9 -12 yrs 6:30- 7:30	Advanced Tap 6:30 - 7:30	Ballet 3 6:15 - 7:15	Ballet 6X-7 6:30 - 8:00	Contemporary Jazz 2 6:30 - 7:30		Ballet 6 6:30 - 8:30	Private Class	Ballet 2 6:30 - 7:30	Private Class		Private Class	Private Class		
Ballet 6X-7 Pointe 8:00 - 8:30				Ballet 6X-7 Pointe 8:00 - 8:30				Contemporary Advanced 7:30 - 8:30	Adult Ballet 7:30 - 8:30		Contemporary 1 7:15 - 8:15	Ballet 6X-7 Pointe 8:00 - 8:30	Contemporary 4 7:30 - 8:30		Ballet 6 Pointe 8:00 - 8:30								
Rehearsal (as needed) 8:30 - 9:15				Rehearsal (as needed) 8:30 - 9:15				Rehearsal (as needed) 8:30 - 9:15				Rehearsal (as needed) 8:30 - 9:15											

Artistic Director



Lisa Wasserman has been teaching ballet in the Delaware Valley for over 20 years. Originally from New Jersey, Ms. Wasserman began her dance training at Irine Fokine School of Ballet and on scholarship at the New Jersey Ballet School. She continued her training at New York City Ballet’s renowned School of American Ballet, at American Ballet Theatre School and the Pennsylvania Ballet School. Miss Wasserman began her professional dance career with apprenticeships at New Jersey Ballet and Pittsburgh Ballet. She then toured the country as a soloist with the Omaha Ballet and Ballet Arizona and as a principal dancer with the Des Moines Ballet. Miss Wasserman has worked closely with distinguished choreographers Peter Anastos, Loyce Houlton and Jean-Paul Comelin. She has choreographed such Ballets as the Four Seasons, Orpheus in the Underworld, and Peter Pan. Additionally, she has created a full length Nutcracker as well as the crowd pleasing Alice in Wonderland, Evening by The Lake, Coppelia, Snow White, and the brand-new Hansel and Gretel. Ms. Wasserman is a Summa Cum Laude graduate of Temple University.

Tuition and Policies

Weekly Class Hours	Monthly 9 Payments	Trimester Payments	Annual Payment	Weekly Class Hours	Monthly 9 Payments	Trimester Payments	Annual Payment	Weekly Class Hours	Monthly 9 Payments	Trimester Payments	Annual Payment
Creative Movement	\$57	\$162	\$462	2.5 Hours	\$180	\$513	\$1,457	5 Hours	\$291	\$830	\$2,358
Pre Ballet	\$57	\$162	\$462	3 Hours	\$198	\$564	\$1,603	5.5 Hours	\$320	\$913	\$2,594
Pre Ballet Combo	\$71	\$202	\$575	3.5 Hours	\$231	\$658	\$1,871	6 Hours	\$335	\$956	\$2,716
1 Hour	\$78	\$221	\$629	4 Hours	\$248	\$708	\$2,012	6.5 Hours	\$353	\$1,007	\$2,861
1.5 Hours	\$108	\$308	\$874	4.5 Hours	\$279	\$796	\$2,264	7 Hours	\$380	\$1,084	\$3,081
2 Hours	\$144	\$410	\$1,166					Unlimited	\$408	\$1,162	\$3,301

- You may choose check, credit card or cash for your tuition payments. Tuition payments are due the first of each month. Payments made after the seventh of the month will be assessed a \$20 late fee. At registration, all students will provide credit card information. Payments not received by the 15th of the month will be charged to the credit card on file.
- All checks should be made payable to: “Delaware Valley Dance Academy” (DVDA)
- At time of registration all students choosing a monthly plan will be required to provide first and last months tuition.
- Make up classes are strongly encouraged and can be taken during any appropriate level class within three months. No credits will be given for missed classes.
- Families will receive a 10% discount off the regular tuition for each consecutive student.
- Annual registration fee is \$35 with a family maximum of \$60.
- All returned checks will be charged \$45 fee.
- In the event the student must withdraw early, a “Notice of Withdrawal” form is required before your account will be closed. DVDA requires 30 days written notice of withdrawal from classes.
- There are absolutely no tuition refunds.